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# Active Living Center



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Please see Activity Descriptions on reverse side!</p>	<p><b>1</b> Billiards 9am-12pm Board Games 9am-11am Cribbage 12pm-3:30pm</p>	<p><b>2</b> Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Book Club 12:30pm-2:30pm EC</p>	<p><b>3</b> Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm</p>	<p><b>4</b> Billiards 9am-12pm Bingo 10am-11am Bible Study 10am-11am Hooks &amp; Needles 12pm-4pm</p>	<p><b>5</b> National Doughnut Day!</p> 	<p><b>6</b> Snowflake Bazaar 8am-4pm</p> 
<p><b>7</b> Daylight Savings Ends</p>	<p><b>8</b> Billiards 9am-12pm Board Games 9am-11am Cribbage 12pm-3:30pm</p>	<p><b>9</b> Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Book Club 12:30pm-2:30pm EC</p>	<p><b>10</b> Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm Monthly Birthdays 10:00am</p> 	<p><b>11</b> Billiards 9am-12pm Bingo 10am-11am Bible Study 10am-11am Hooks &amp; Needles 12pm-4pm Rummikub 1pm-3pm Caregiver Support Group <b>Veterans day!</b></p>	<p><b>12</b> Billiards 9am-12pm Cribbage 12pm-3:30pm</p>	<p><b>13</b> Billiards 9am-12pm <b>World Kindness Day!</b></p>
<p><b>14</b> "Sit and Pick" music with Laplant family 1pm</p> 	<p><b>15</b> Billiards 9am-12pm Board Games 9am-11am Cribbage 12pm-3:30pm Caregiver Support Group EC</p>	<p><b>16</b> Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Book Club 12:30pm-2:30pm EC</p>	<p><b>17</b> Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm</p>	<p><b>18</b> Billiards 9am-12pm Bingo 10am-11am Bible Study 10am-11am Hooks &amp; Needles 12pm-4pm Rummikub 1pm-3pm</p>	<p><b>19</b> Billiards 9am-12pm Bunco 10am-12pm Cribbage 12pm-3:30pm</p>	<p><b>20</b> Billiards 9am-12pm</p>
<p><b>21</b> National Gingerbread Cookie Day!</p> 	<p><b>22</b> Billiards 9am-12pm Board Games 9am-11am EC Cribbage 12pm-3:30pm</p>	<p><b>23</b> Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Book Club 12:30pm-2:30pm EC</p>	<p><b>24</b> Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm</p>	<p><b>25</b> Closed</p> 	<p><b>26</b> Billiards 9am-12pm Cribbage 12pm-3:30pm</p>	<p><b>27</b> Billiards 9am-12pm</p>
<p><b>28</b></p>	<p><b>29</b> Billiards 9am-12pm Board Games 9am-11am Cribbage 12pm-3:30pm</p>	<p><b>30</b> Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Book Club 12:30pm-2:30pm EC</p>		<p>We would like to say a special <b>THANK YOU</b> to all our Veterans and their families for their service and all that you do!</p> 		

A = Classroom A

B = Classroom B

# The Active Living Center



**Coffee Klatch**  
**Tuesdays, 9:00am-10:00am**  
*Located in the ALC*  
*Good conversation and a cup of coffee will never go out of style!*



Growing up, I heard my grandma use the term "coffee klatch" all the time. They would get together for a cup of joe and something to eat like coffee cake. It was an old-school term that I associated with my grandma, and I thought it was a pastime that ceased to exist these days.

Coffee klatch refers to a group of people getting together over a cup of coffee, catching up and sipping a good cup of coffee. Who knew, I have been unknowingly partaking in coffee klatches my whole life!

Come join us!!  
**Sponsored by ElderCircle**



**Billiards Club**  
**Monday through Saturday**  
**9:00am-12:00pm**  
*Located in the ALC*

Come play billiards! Monday through Saturday every week 9am-12pm. All levels are invited to come join in.



**BINGO every Thursday**  
**10:00am-11:00am**  
*Located in the ALC*  
 Join us for great fun Thursdays.



Please arrive prior to 10:00 to receive your card.

Regular Bingo is vertical, horizontal, and diagonal.

Each game plays one card per person at a time.

Regular Bingo for games 1-6.

Last game played is cover all.

**Bible Study every Thursday**  
**10:00am-11:00am**  
**Classroom A**

This is a non-denomination study group led by Jeff Gemmill. Everyone is welcome.

**Caregiver Support Group**  
*Located in ALC Classrooms*

**2nd Thursday of each month**  
**1:00-2:00pm**

**3rd Monday of each month**  
**10:30-11:30am**

Anyone who is a caregiver is encouraged to come. Open discussion to support each other in a confidential environment.

**Sponsored by ElderCircle.**



**Hooks & Needles**  
**Every Thursday**  
**12:00pm-4:00pm**  
*Located in the ALC*

Open to everyone who enjoys crocheting, knitting, embroidery, cross stitch and more. Please join us!



**"Sit and Pick"**

**Join The Laplant Family for music in our ALC the Second Sunday of the month at 1:00pm**



**500 Cards**  
**Every Wednesday**  
**12:00pm-3:00pm**  
*(Located in the ALC)*

**Cribbage**  
**Every Monday & Friday**  
**12:00pm-3:30pm**  
*(Located in the ALC)*

**Bridge**  
**Every Tuesday**  
**12:00pm-3:00pm**  
*(Located in the ALC)*



Gather with friends old and new to play a variety of card games. All skill levels are invited & they are also willing to teach. Come join us for cards!

**Dominoes/ Rummikub Group**  
**Every Tuesday**  
**12:00pm-2:00pm**  
*Located in the ALC*

Join us for Spinner Dominoes or Rummikub. Spinner Dominoes is a shorter version of regular dominoes and also has the option to play Mexican train dominoes. Rummikub is a fast moving game or rummy played with tiles. Come join in the fun.



**I am thankful for nights that turned into mornings, friends that turned into family, and dreams that turned into reality.**

**Bunco**  
**Wednesdays 10am-2pm**  
*Located in the ALC*

Bunco is a dice game played with 2 or more players. Come join the fun.



**Board Games**  
*Located in the ALC*

*Discover the world of board games while meeting new people and making new friends.*

Do you have some favorite board games and no one to play against? Each week, we will rotate a board game. These may be old favorites or new games that you need some time to read the instructions. Some of the games include: Sequence, Scrabble, Yahtzee, Mahjong, Monopoly, and more. **Sponsored by ElderCircle**



**Book Club**  
 This month's book is *The Four Winds* by Kristin Hannah.  
*Located in the ALC Classroom*

There are loads of books out there to read. Connect with others and start on a journey through the world of books. This book club is free and everyone is welcome. We will choose a specific book to read and discuss at the same time. This group will be self-directed. ElderCircle Outreach Coordinator will be at the first meeting and help guide through decisions made by the group.

**Sponsored by ElderCircle.**



To register, call ElderCircle at 218.999.9233, ext. 280 or email Cindy at [cbarrett@eldercircle.org](mailto:cbarrett@eldercircle.org).



**Monthly Birthday Celebrations**

The second Wednesday of the month at 10:00am we will provide treats to acknowledge all the Birthdays of the month!

