



POOL Schedule

SEPTEMBER 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap/Aerobic Swim 5:30-8:30am					LapSwim 7:00am-9am
Aquacise 8:30-9:15am	Aquacise 8:30-9:15am			Aquacise 8:30-9:15am	Swim Lessons 9:30-11:45am
Water Restore 9:15-10am		Water Restore 9:00-9:45am	Swim Starters 9:30-10am	Water Restore 9:15-10am	Family Swim 12pm-2:30pm (Adult must accompany children)
Childcare Swim 10-11am	Childcare Swim 10-11am	Childcare Swim 10-11am	Swim Lessons 10:15-11am	Childcare Swim 10-11am	
Lap/Aerobic Swim 11:30-1:00pm					
2 lanes Lap/Open 1:00-3:30pm					
Swim Lessons 3:30-5:15pm	Open Swim 3:30-4:45pm	Open 3:30-4:45 Deep Water Tabata Class 4:00-4:45pm	Swim Lessons 3:30-4:45pm	OPEN 3:30-4:45pm	2:30pm Pool Closed
Aqua Zumba 5:20-6:20pm	2 lanes Lap/Open 5:00-8:30pm	Swim Starters Lessons 5-5:30pm	2 lanes Lap/Open 5:00-8:30pm	2 lanes Lap/Open 5:00-8:30pm	POOL schedule subject to change!
2 lanes Lap/Open 6:30-8:30pm		2 lanes Lap/Open 6-8:30pm			
8:30pm Pool Closed					

Pool use(class, lap & open) require a reservation. Please go to our website, www.itascaymca.org, hover over the Covid-19 tab select Make a Reservation to reserve your spot!