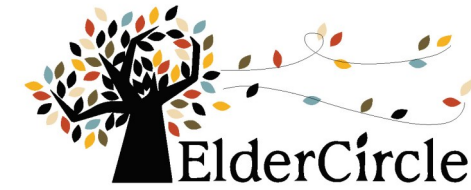











June

Active Living Center



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm "North Of The River Trio" Music 12pm-2pm	2 Billiards 9am-12pm Bingo 10am-11am Bible Study 10am-11am Hooks & Needles 12pm-4pm	3 Billiards 9am-12pm Cribbage 1pm-3:30pm National Donut Day! 	4 Billiards 9am-12pm 
5 "Sit and Pick" music with Laplant family 1pm 	6 Billiards 9am-12pm Board Games 9am-11am Cribbage 1pm-3:30pm	7 Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Corn Hole on the Patio 9am-1pm	8 Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm Monthly Birthdays! 10am 	9 Billiards 9am-12pm Bingo 10am-11am Hooks & Needles 12pm-4pm Caregiver Support Group 1:00pm-2:00pm EC Book Club 12:30pm-2:00pm EC	10 Billiards 9am-12pm Cribbage 1pm-3:30pm	11 Billiards 9am-12pm National Corn On the Cob Day! 
12	13 Billiards 9am-12pm Board Games 9am-11am Cribbage 1pm-3:30pm	14 Billiards 9am-12pm Coffee Klatch 9am-10am EC Rummikub 12pm-2pm Bridge 12pm-3pm Corn Hole on the Patio 9am-1pm FLAG DAY 	15 Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm	16 Billiards 9am-12pm Bingo 10am-11am Hooks & Needles 12pm-4pm	17 Billiards 9am-12pm Bunco 10am-12pm Cribbage 1pm-3:30pm	18 Billiards 9am-12pm Go Fishing Day! 
19 	20 Billiards 9am-12pm Board Games 9am-11am EC Cribbage 1pm-3:30pm Caregiver Support Group 10:30am-11:30am EC Northern Lakes Coin Club 6:30pm-	21 Billiards 9am-12pm Coffee Klatch 9am-10am Rummikub 12pm-2pm Bridge 12pm-3pm Corn Hole on the Patio 9am-1pm	22 Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm	23 Billiards 9am-12pm Bingo 10am-11am Hooks & Needles 12pm-4pm	24 Billiards 9am-12pm Cribbage 1pm-3:30pm	25 Billiards 9am-12pm
26 	27 Billiards 9am-12pm Board Games 9am-11am EC Cribbage 1pm-3:30pm A = Classroom A	28 Billiards 9am-12pm Coffee Klatch 9am-10am Rummikub 12pm-2pm Bridge 12pm-3pm Corn Hole on the Patio 9am-1pm B = Classroom B	29 Billiards 9am-12pm Bunco 10am-2pm 500 Cards 12pm-3pm	30 Billiards 9am-12pm Bingo 10am-11am Hooks & Needles 12pm-4pm	Please see Activity Descriptions on reverse side.	

The Active Living Center



Coffee Klatch
Tuesdays, 9:00am-10:00am
Located in the ALC
Good conversation and a cup of coffee will never go out of style!



Growing up, I heard my grandma use the term "coffee klatch" all the time. They would get together for a cup of joe and something to eat like coffee cake. It was an old-school term that I associated with my grandma, and I thought it was a pastime that ceased to exist these days.

Coffee klatch refers to a group of people getting together over a cup of coffee, catching up and sipping a good cup of coffee. Who knew, I have been unknowingly partaking in coffee klatches my whole life!

Come join us!!
Sponsored by ElderCircle



Billiards Club
Monday through Saturday
9:00am-12:00pm
Located in the ALC

Come play billiards! Monday through Saturday every week 9am-12pm. All levels are invited to



BINGO every Thursday
10:00am-11:00am
Located in the ALC
Join us for great fun Thursdays.



Please arrive prior to 10:00 to receive your card.
Regular Bingo is vertical, horizontal, and diagonal.
Each game plays one card per person at a time.
Regular Bingo for games 1-6.

Bible Study every Thursday
10:00am-11:00am
YMCA Conference Room

This is a non-denomination study group led by Jeff Gemmill.

Caregiver Support Group
Located in ALC Classrooms

2nd Thursday of each month
1:00-2:00pm

3rd Monday of each month
10:30-11:30am

Anyone who is a caregiver is encouraged to come. Open discussion to support each other in a confidential environment.
Sponsored by ElderCircle.



Hooks & Needles
Every Thursday
12:00pm-4:00pm
Located in the ALC

Open to everyone who enjoys crocheting, knitting, embroidery, cross stitch and more. Please join us!



"Sit and Pick"

Join The Laplant Family for music in our ALC the Second Sunday of the month at 1:00pm

500 Cards
Every Wednesday
12:00pm-3:00pm
(Located in the ALC)

Cribbage
Every Monday & Friday
1:00pm-3:30pm
(Located in the ALC)



Bridge
Every Tuesday
12:00pm-3:00pm
(Located in the ALC)

Gather with friends old and new to play a variety of card games. All skill levels are invited & they are also willing to teach. Come join us

Dominoes/ Rummikub Group
Every Tuesday
12:00pm-2:00pm
Located in the ALC

Join us for Spinner Dominoes or Rummikub. Spinner Dominoes is a shorter version of regular dominoes and also has the option to play Mexican train dominoes. Rummikub is a fast moving game or rummy played with tiles. Come join in the fun.



SPICY WATERMELON SALAD

8 CUPS CUBED WATERMELON
1/2 CUP FETA CHEESE
1/2 CUP RED ONION
3 TBS THINLY SLICED MINT LEAVES
1 SEEDED CHOPPED JALAPENO
MIX AND SERVE!



Bunco
Wednesdays 10am-2pm
Located in the ALC

Bunco is a dice game played with 2 or more players. Come join the fun.



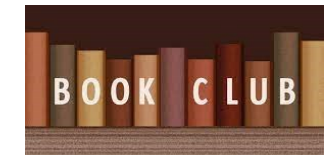
Board Games
Located in the ALC

Discover the world of board games while meeting new people and making new friends.

Do you have some favorite board games and no one to play against? Each week, we will rotate a board game. These may be old favorites or new games that you need some time to read the instructions. Some of the games include: Sequence, Scrabble, Yahtzee, Mahjong, Monopoly, and more. Sponsored by ElderCircle



Book Club
Located in the ALC Classroom
2nd Thursday of each month 12:30pm-2:00pm
This months book is "The Woman of Troublesome Creek" by Kim Michele Richardson
There are loads of books out there to read. Connect with others and start on a journey through the world of books. This book club is free and everyone is welcome. We will choose a specific book to read and discuss at the same time. This group will be self-directed. ElderCircle Outreach Coordinator will be at the first meeting and help guide through decisions made by the group.
Sponsored by ElderCircle.



To register, call ElderCircle at
 ElderCircle

Come join us for Music with "North Of The River Trio"
The first Wednesday of the month.
12:00pm-2:00pm



We are Happy to announce that we are bringing our **Monthly Birthday Celebrations** back! The second Wednesday of the month at 10:00am we will provide treats to acknowledge all the Birthdays of the month!