



Itasca County Family YMCA Lifeguard Job Description

Job Title: Lifeguard

Classification: Part-time, hourly, non-exempt

Reports to: Aquatics Director

General Function:

The Lifeguard at the Itasca County YMCA creates a safe and positive atmosphere that welcomes and respects all individuals while promoting and maintain safe swimming conditions in the pool, deck and surrounding areas in accordance with YMCA policies and procedures.

Qualifications:

1. At least 15 years old.
2. Committed to the mission and goals of the YMCA.
3. Current certification in Basic Life Support or professional rescuer CPR/AED, first aid, and emergency oxygen.
4. Current certification in American Red Cross or YMCA Lifeguard or equivalent.
5. Full working knowledge of the facility's safety and emergency procedures.
6. Child abuse prevention training within 30 days of hire date.
7. Ability to maintain certification-level physical and mental readiness.
8. Must demonstrate lifeguard skills in accordance with YMCA standards

General Duties and Responsibilities:

1. Maintains active surveillance of the aquatics area.
2. Knows and reviews all emergency procedures and responds to emergency situations immediately in accordance with YMCA policies, and completes related reports as required.
3. Responds to challenges with possible solutions in a timely manner.
4. Knows, understands, and consistently applies safety rules, policies, and guidelines for the pool and aquatic area.
5. Remains calm and objective when under pressure or when challenged by others.
6. Maintains accurate records as required by the YMCA and/or the state health department code.
7. Performs equipment checks and ensures appropriate equipment is available as needed.
8. Checks the pool for hazardous conditions when arriving.
9. Performs chemical testing when not guarding, as required, and takes appropriate action.
10. Attends mandatory in-service training monthly.

Typical Physical Demands and Working Conditions:

1. The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
2. Physically perform all skills required of a lifeguard.
3. Hear noises and distress signals in the aquatic environment, including in the water and anywhere around the zone of responsibility.
4. Remain alert with no lapses of consciousness.
5. See and observe all sections of an assigned zone or area of responsibility.
6. Communicate verbally and project voice across a distance in normal and loud situations.
7. Recognize distress signals.
8. Work in a warm, humid environment (usually 80-90 degrees) for the length of the practice or meet.
9. Perform in a noisy environment for the length of the practice or meet.

Effect on End Result:

1. A pool environment that gives patrons a safe and welcoming aquatics experience.
2. Develop a positive attitude in the community towards the YMCA and its programs.
3. A satisfied participant and membership group as assessed through evaluations.
4. A pool environment that implements character development through teaching of the values of caring, honesty, respect and responsibility.

This job description is subject to change as deemed necessary.

I have reviewed and understand this job description.

Employee's name

Employee's signature

Supervisor Signature

Today's date: _____