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# Event Calendar

<https://www.eldercircle.org/events/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>SAIL</b> 10-11:30am, In Person Wabana I. Falls &amp; Bowstring  <b>Rummikub</b> 12pm-2pm  <b>Bridge</b> 12pm-3pm  <b>Hooks &amp; Needles</b> 12-4pm, ALC  <b>Parkinson's Support Group:</b></p>	<p>2 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>Bunco</b> 10am-2pm  <b>SAIL</b> 10:30-12pm, Zoom/Jacobson  <b>500 Cards</b> 12pm-3pm</p>	<p>3 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>Bingo</b> 10am-11am, ALC  <b>Bible Study</b> 10am-11am, Class. A  <b>SAIL</b> 10-11:30am, Bowstring/I. Falls  <b>SAIL</b> 10:30-12pm, Deer River  <b>Caregiver Support Group</b> 1pm-2pm, The Pillars of GR</p>	<p>4 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 10-11:30am, In Person Wabana Town Hall  <b>SAIL</b> 10:30-12pm, Jacobson  <b>Cribbage</b> 1pm-3:30pm</p>	<p>5          <b>Sr. Billiards</b> 9am-12pm</p>
6	<p>7 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>SAIL</b> 10:30-12:00pm, Zoom or In Person, Deer River &amp; Jacobson  <b>Cribbage</b> 1pm-3:30pm</p>	<p>8 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>SAIL</b> 10-11:30am, In Person Wabana I. Falls &amp; Bowstring  <b>Rummikub</b> 12pm-2pm  <b>Bridge</b> 12pm-3pm  <b>Hooks &amp; Needles</b> 12-4pm, ALC</p>	<p>9 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>Monthly Birthdays:</b> 10am  <b>Bunco</b> 10am-2pm  <b>SAIL</b> 10:30-12pm, Zoom/Jacobson  <b>500 Cards</b> 12pm-3pm  <b>Committee on Aging:</b> 10am-12pm ALC Classroom</p>	<p>10 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>Bingo</b> 10am-11am, ALC  <b>Bible Study</b> 10am-11am, Class. A  <b>SAIL</b> 10-11:30am, Bowstring/I. Falls  <b>SAIL</b> 10:30-12pm, Deer River  <b>Book Club:</b> 12:30-2pm, ALC Classroom  <b>Memory Support Group:</b> 1pm-2pm,</p>	<p>11 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 10-11:30am, In Person Wabana Town Hall  <b>SAIL</b> 10:30-12pm, Jacobson  <b>Cribbage</b> 1pm-3:30pm</p>	<p>12          <b>Sr. Billiards</b> 9am-12pm</p>
13	<p>14 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>Virtual Dementia Tour</b> 10am-3pm, ALC Classroom  <b>SAIL</b> 10:30-12:00pm, Zoom or In Person, Deer River &amp; Jacobson  <b>Cribbage</b> 1pm-3:30pm</p>	<p>15 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>SAIL</b> 10-11:30am, In Person Wabana I. Falls &amp; Bowstring  <b>Rummikub</b> 12pm-2pm  <b>Bridge</b> 12pm-3pm</p>	<p>16 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>SAIL</b> 10:30-12pm, Zoom/Jacobson  <b>500 Cards</b> 12pm-3pm</p>	<p>17 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9am-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>Bingo</b> 10am-11am, ALC  <b>Bible Study</b> 10am-11am, Class. A  <b>SAIL</b> 10-11:30am, Bowstring/I. Falls  <b>SAIL</b> 10:30-12pm, Deer River</p>	<p>18 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 10-11:30am, In Person Wabana Town Hall  <b>SAIL</b> 10:30-12pm, Jacobson  <b>Bunco</b> 10am-2pm  <b>Volunteering 101</b> 11am-12pm, ALC Classroom</p>	<p>19          <b>Sr. Billiards</b> 9am-12pm</p>
20	 <p>21 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City  <b>SAIL</b> 10:30-12:00pm, Zoom or In Person, Deer River &amp; Jacobson  <b>Cribbage</b> 1pm-3:30pm  <b>NL Coin &amp; Currency:</b> 6:30pm</p>	<p>22 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>SAIL</b> 10-11:30am, In Person Wabana I. Falls &amp; Bowstring  <b>Rummikub</b> 12pm-2pm  <b>Bridge</b> 12pm-3pm</p>	<p>23 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>SAIL</b> 10:30-12pm, Zoom/Jacobson  <b>500 Cards</b> 12pm-3pm</p>	<p>24 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9am-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>Bingo</b> 10am-11am, ALC  <b>Bible Study</b> 10am-11am, Class. A  <b>SAIL</b> 10-11:30am, Bowstring/I. Falls  <b>SAIL</b> 10:30-12pm, Deer River</p>	<p>25 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 10-11:30am, In Person Wabana Town Hall  <b>SAIL</b> 10:30-12pm, Jacobson  <b>Cribbage</b> 1pm-3:30pm</p>	<p>26          <b>Sr. Billiards</b> 9am-12pm</p>
27	<p>28 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>SAIL</b> 10:30-12:00pm, Zoom or In Person, Deer River &amp; Jacobson  <b>Cribbage</b> 1pm-3:30pm</p>	<p>29 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Zoom &amp; Bigfork  <b>SAIL</b> 9-10:30am, Grand Rapids  <b>SAIL</b> 10-11:30am, In Person Wabana I. Falls &amp; Bowstring  <b>Rummikub</b> 12pm-2pm</p>	<p>30 <b>Sr. Billiards</b> 9am-12pm  <b>SAIL</b> 9-10:30am, Hill City Fire Hall  <b>SAIL</b> 10:30-12pm, Zoom/Jacobson  <b>500 Cards</b> 12pm-3pm</p>			



all about  
**aging!**

### Volunteering 101

Friday, April 18, 2025  
11:00am-12:00pm  
ALC Classroom

Are you looking for something fun to do with your time?

Are you interested in contributing your skills, talents and life experience in rewarding and meaningful ways?

Are you curious about some of the many volunteer opportunities across Itasca County?

#### **If you would like to:**

- be more helpful
- get out of the house
- more make new friends
- improve your health,
- or just need a new reason to get up in the morning...

**Attend this brief session and learn about many of the volunteer opportunities in Itasca County.**

Contact Lori for any questions or if interested  
218-999-9233 ext. 278



**VIRTUAL DEMENTIA TOUR™**  
YOUR WINDOW INTO THEIR WORLD

### Virtual Dementia Tour

Monday, April 14  
10:00am-3:00pm  
ALC Classroom

Virtual Dementia Tour (VDT) is designed to give the participant an up close, hands on experience that provides critical insight to those caring for people with dementia.

**Walk-Ins are not Accepted**

**Must Register to Participate**

To Register, please call  
Paula at  
218-999-9233 ext.275

**Fashion on Tap**  
SPRING RELEASE RUNWAY SHOW

PRESENTED BY:

COME FOR AN EXCLUSIVE FIRST PEEK OF OVER 25 NEW STYLES WALKING THE RUNWAY!

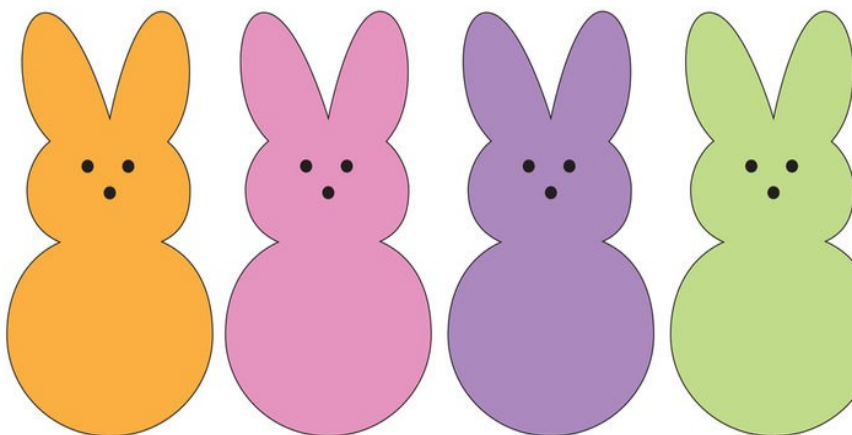
**SUNDAY, APRIL 27TH**  
**RAPIDS BREWING COMPANY**  
**EVENT SPACE**

12:40 - 12:55PM SEATING  
1PM RUNWAY SHOW  
2:30 - 4PM AFTER-PARTY  
UP IN THE LOFT

FASHION SHOW SEAT TICKETS:  
\$60 VIP \$30 GENERAL

A PERCENTAGE OF TICKET SALES WILL BE DONATED BACK TO OUR NON-PROFIT PARTNER THE ITASCA COUNTY FAMILY YMCA

RESERVE YOUR SEATS HERE:  
[WWW.WYLDCKREEKBOUTIQUE.COM](http://WWW.WYLDCKREEKBOUTIQUE.COM)



### Stay Active and Independent for Life (SAIL)



SAIL is a low-impact fitness program designed specifically for adults to build muscle strength, improve balance and increase flexibility to maintain or regain an active lifestyle.

This is an on-going fitness session. You can join at any time.

#### *Live, in-person sessions:*

- **Bigfork**  
Tuesdays & Thursdays  
9:00-10:30am
- **Bowstring**  
Tuesdays & Thursdays  
10:00-11:30am
- **Deer River**  
Mondays & Thursdays  
10:30-12:00pm
- **Hill City**  
Mondays & Wednesdays  
9:00-10:30am
- **International Falls**  
Tuesdays & Thursdays  
10:00-11:30am
- **Jacobson**  
Mondays Wednesdays, & Fridays  
10:30-12:00pm
- **Wabana**  
Tuesdays & Fridays,  
10:00-11:30am

#### *Online via Zoom video conference:*

- Mondays & Wednesdays  
10:30 am-12:00 pm
- Tuesdays & Thursdays  
9:00-10:30 am

#### **Registration required**

To register, call ElderCircle at  
218-999-9233, ext. 279 or  
Email [abackes@eldercircle.org](mailto:abackes@eldercircle.org)

## **Caregiver & Memory Support Groups**

For caregivers of any age who is caring for an ailing parent, child, spouse, or other individuals of any age, near or far.

Faced with a variety of responsibilities, many of which are unfamiliar or intimidating, caregivers can easily become overwhelmed and alone.

This group is a safe place to discuss issues, concerns, success stories and answer questions.

- **Caregiver Support, Hibbing**  
Second Monday of each month  
12:30-1:30pm  
Hibbing Christian Assembly  
2201 2nd Ave. W
- **Memory Support, Grand Rapids**  
Second Thursday of each month  
1:00-2:00pm  
Majestic Pines Senior Living, Private Dining Room, 1614 Golf Course Rd
- **Caregiver Support, Hibbing**  
Second Thursday of each month  
12:30-1:30pm  
Pizza Ranch  
2502 E Beltline, Hibbing, MN 55746
- **Caregiver Support, Grand Rapids**  
First Thursday of each month  
1:00pm-2:00pm  
The Pillars of Grand Rapids, 2060 SW 8th St, Grand Rapids, MN 55744

**For questions or registration, call Danielle at 218-999-9233, ext. 282**