




2026



Event Calendar

<https://www.eldercircle.org/events/>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Sr. Billiards 9am-12pm SAIL 9-10:30am, Hill City Fire Hall SAIL 10:30-12:00pm, In Person Deer River & Jacobson Cribbage 1pm-3:30pm	3 Sr. Billiards 9am-12pm SAIL 9-10:30am, Zoom SAIL 10-11:30am, In Person I. Falls & Bowstring SAIL 9-10:30am, In person, Grand Rapids / Calumet Rummikub 12pm-2pm Bridge 12pm-3pm Hooks & Needles 12-4pm, ALC Parkinson's Support Group —Mall 1pm	4 Sr. Billiards 9am-12pm SAIL 9 -10:30am, Hill City Fire Hall Bunco 10am-2pm SAIL 10:30-12pm, In Person Jacobson 500 Cards 1pm-3pm	5 Sr. Billiards 9am-12pm SAIL 9am-10:30am, Zoom Bingo 10am-11am, ALC Bible Study 10am-11am, Class. A SAIL 10-11:30am, Bowstring/I. Falls SAIL 9-10:30am, In Person,Grand Rapids/ Calumet SAIL 10:30-12pm, Deer River Memory Support Group—The Pillars 1pm	6 Sr. Billiards 9am-12pm SAIL 10-11:30am, In Person Wabana Town Hall Cribbage 1pm-3:30pm	7 Sr. Billiards 9am-12pm
8	9 Sr. Billiards 9am-12pm SAIL 9-10:30am, Hill City Fire Hall SAIL 10:30-12:00pm, In Person Deer River & Jacobson Cribbage 1pm-3:30pm	10 Sr. Billiards 9am-12pm Laurie Shepherd Singing 10AM SAIL 9-10:30am, Zoom SAIL 10-11:30am, In Person I. Falls & Bowstring SAIL 9-10:30am, In Person, Grand Rapids/ Calumet Rummikub 12pm-2pm Bridge 12pm-3pm Hooks & Needles 12-4pm, ALC	11 Sr. Billiards 9am-12pm SAIL 9 -10:30am, Hill City Fire Hall Bunco 10am-2pm Monthly Birthdays 10am SAIL 10:30-12pm, In Person Jacobson	12 Sr. Billiards 9am-12pm SAIL 9am-10:30am, Zoom Bingo 10am-11am, ALC Bible Study 10am-11am, Class. A SAIL 10-11:30am, Bowstring/I. Falls SAIL 9-10:30am, In Person, Grand Rapids/Calumet SAIL 10:30-12pm, Deer River Book Club, 12:30-2pm, ALC Classroom Memory Support Group—Majestic Pines 1pm	13 Sr. Billiards 9am-12pm SAIL 10-11:30am, In Person Wabana Town Hall Cribbage 1pm-3:30pm	14  Sr. Billiards 9am-12pm
15	16 Sr. Billiards 9am-12pm SAIL 9-10:30am, Hill City Fire Hall SAIL 10:30-12:00pm, In Person Deer River & Jacobson Cribbage 1pm-3:30 NL Coins & Currency 6:30pm	17 Sr. Billiards 9am-12pm SAIL 9-10:30am, Zoom SAIL 10-11:30am, In Person I. Falls & Bowstring SAIL 9-10:30am, In Person, Grand Rapids /Calumet Rummikub 12pm-2pm Bridge 12pm-3pm Hooks & Needles 12-4pm, ALC	18 Sr. Billiards 9am-12pm Monthly Birthdays 10am Bunco 10am-2pm SAIL 9 -10:30am, Hill City Fire Hall SAIL 10:30-12pm, In person Jacobson 500 Cards 1pm-3pm	19 Sr. Billiards 9am-12pm SAIL 9am-10:30am, Zoom Bingo 10am-11am, ALC Bible Study 10am-11am, Class. A SAIL 10-11:30am, In Person, Bowstring/I. Falls SAIL 9-10:30am, In Person, Grand Rapids/ Calumet SAIL 10:30-12pm, Deer River	20 Sr. Billiards 9am-12pm Bunco 10am-2pm SAIL 10-11:30am, In Person Wabana Town Hall Cribbage 1pm-3:30pm	21 Sr. Billiards 9am-12pm
18	19 Sr. Billiards 9am-12pm SAIL 9-10:30am, Hill City Fire Hall SAIL 10:30-12:00pm, In Person, Deer River & Jacobson Cribbage 1pm-3:30pm	20 Sr. Billiards 9am-12pm SAIL 9-10:30am, zoom SAIL 10-11:30am, In Person I. Falls & Bowstring SAIL 9-10:30am, In Person, Grand Rapids /Calumet Rummikub 12pm-2pm Bridge 12pm-3pm Hooks & Needles 12-4pm, ALC	21 Sr. Billiards 9am-12pm SAIL 9 -10:30am, Hill City Fire Hall 500 Cards 1pm-3pm SAIL 10:30-12pm, in person Jacobson 500 Cards 1pm-3pm	22 Sr. Billiards 9am-12pm SAIL 9-10:30am, Zoom Bingo 10am-11am, ALC Bible Study 10am-11am, Class. A SAIL 10-11:30am, Bowstring/I. Falls SAIL 9-10:30am, In Person; Grand Rapids/ Calumet SAIL 10:30-12pm, Deer River	23 Sr. Billiards 9am-12pm SAIL 10-11:30am, In Person Wabana Town Hall Cribbage 1pm-3:30pm	24 Sr. Billiards 9am-12pm
25	26 Sr. Billiards 9am-12pm SAIL 9-10:30am, Hill City Fire Hall SAIL 10:30-12:00pm, In Person Deer River & Jacobson Cribbage 1pm-3:30	27 Sr. Billiards 9am-12pm SAIL 9-10:30am, Zoom SAIL 10-11:30am, In Person I. Falls & Bowstring SAIL 9-10:30am, In Person, Grand Rapids/ Calumet Rummikub 12pm-2pm Bridge 12pm-3pm Hooks & Needles 12-4pm, ALC	28 Sr. Billiards 9am-12pm SAIL 9 -10:30am, In Person Hill City Fire Hall SAIL 10:30-12pm, In Person Jacobson 500 Cards 1pm-3pm			



all about
aging!

Stay Active and Independent for Life (SAIL)



SAIL is a low-impact fitness program designed specifically for adults to build muscle strength, improve balance and increase flexibility to maintain or regain an active lifestyle.

This is an on-going fitness session. You can join at any time.

Live, in-person sessions:

- **Calumet Library**
Tuesdays & Thursdays
9:00-10:30am
- **Bowstring**
Tuesdays & Thursdays
10:00-11:30am
- **Deer River**
Mondays & Thursdays
10:30-12:00pm
- **Grand Rapids**
Central Square Mall, Suite 124
Tuesdays & Thursdays
9:00-10:30am
- **Hill City**
Mondays & Wednesdays
9:00-10:30am
- **International Falls**
Tuesdays & Thursdays
10:00-11:30am
- **Jacobson**
Mondays & Wednesdays,
10:30-12:00pm
- **Wabana**
Tuesdays & Fridays,
10:00-11:30am

Online via Zoom video conference:

- Tuesdays & Thursdays
9:00-10:30 am

Registration required
To register, call ElderCircle at
218-999-9233, ext. 278 or
Email lori@eldercircle.org

Caregiver & Memory Support Groups

For caregivers of any age who is caring for an ailing parent, child, spouse, or other individuals of any age, near or far.

Faced with a variety of responsibilities, many of which are unfamiliar or intimidating, caregivers can easily become overwhelmed and alone.

This group is a safe place to discuss issues, concerns, success stories and answer questions.

• **Caregiver Support, Hibbing**
Second Monday of each month
12:30-1:30pm
Hibbing Christian Assembly
2201 2nd Ave. W

• **Memory Support, Grand Rapids**
Second Thursday of each month
1:00-2:00pm
Majestic Pines Senior Living, Private
Dining Room, 1614 Golf Course Rd

• **Caregiver Support, Hibbing**
Second Thursday of each month
12:30-1:30pm
Sportsman's Restaurant
509 E Howard St, Hibbing, MN 55746

• **Caregiver Support, Grand Rapids**
First Thursday of each month
1:00pm-2:00pm
The Pillars of Grand Rapids, 2060 SW
8th St, Grand Rapids, MN 55744

**For questions or registration,
call Danielle at
218-999-9233, ext. 282
danielle@eldercircle.org**

Parkinson's Support Group

If you or someone you know is living with Parkinson's Disease, we invite you to join our Support Group.

Together, we can share experiences, offer support, and build a strong community.

1st Tuesday of each month

1:00-2:00pm

Central Square Mall #124
201 NW 4th Street
Grand Rapids, MN 55744



For any questions, contact Danielle
at 218-999-9233 ext. 282
or danielle@eldercircle.org



Every Thursday
10:00-11:00am

Active Living Center

Please arrive prior to 10am to receive
your bingo card

- Regular Bingo is vertical,
horizontal and diagonal.
- Each game plays one card per
person at a time.
- Regular bingo for games 1-6
Last game played is cover all.

Monthly Birthday Celebrations!

Join us on the second
Wednesday of each month at
10:00am to celebrate all of
the birthdays for that month.
We will provide treats to
enjoy and help celebrate!



BOOK CLUB

Every 2nd Thursday
12:30pm—2pm
Active Living Center

Free of charge & open to any-
one!

Valentine's Day Facts

10 Fun Facts About Valentine's Day

Valentine's Day is a celebration of love and friendship that falls every February 14th.

Valentine's Day is also called St. Valentine's Day or the Feast of St. Valentine.

Originally, the day was celebrated to commemorate Valentinus, who was imprisoned for marrying young couples in love, when weddings were banned by the emperor.

And since the 1300s, Valentine's Day was associated with the idea of love and romance.

That's when couples started to exchange gifts, flowers, cards, and candies to express their love.

The X became a symbol for a kiss in medieval times, because people who couldn't write signed their name as an X, and kissed it to show good faith.