



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Itasca County Family YMCA



we're here to help you
Soar!

2019 Annual Report

Soaring through

Youth Development

Dear Friends,

We are proud to present our 2019 Annual Report. Reflecting on this past year's tremendous efforts, by the hands of so many, reinforces our Mission of Strengthening Ourselves, Families and the Community.

At a glimpse, the enclosed highlights are a collection of life's encounters where the Y is the common denominator. When you look more closely, you realize it's a familiar narrative; it's the story of us. It's our story because we've grown together.

Never underestimate the power of relationships made at the Y. We see them every day, everywhere we look. It's the friendships that are formed in our Active Living Center. It's a peer with a listening ear and a voice of encouragement found at LIVESTRONG at the YMCA. It's that community that helps you rebuild your life when it's shaken to the core. These relationships are as special and diverse as the individuals who form them.

Just like families evolve, our Y is changing and growing to meet your needs and those of the community. In 2019 our child care and school age programs took big strides by offering a second Toddler Room, a Kindergarten Readiness program, and enhanced afterschool program options. The success of these initiatives serve as an example of what passionate volunteers, staff, donors, and partners can accomplish together: An innovative Y experience where people connect, lives are improved and our community is strengthened, for generations to come.

As result of our combined efforts, individuals of all ages and abilities are coming to the Y to find the resources, knowledge and support they need to live healthier lives. And more and more people — regardless of age, income, background — have access to the services they need to learn, grow and thrive.

Thank you to our Y staff, members, volunteers, donors, partners and supporters, who make this possible. Together, we are strengthening the community.

With Warm Regards,

Nick Hansen
Executive Director



Soaring through Healthy Living



My journey at the YMCA started January 1, 2018. The Y was offering a no registration fee promotion to celebrate the new year. Being a stay at home mom living in Deer River with a 1 year old and 3 month old, I was wary about how much I'd actually use my membership.

My initial goal was to make it to the Y two times a week. The first couple weeks, I would go in the fitness center and use the elliptical or treadmill, and, while doing so, I would always see a rush of people coming in and out of the group fitness rooms. After doing some research, I decided to go out of my comfort zone and try the TRX class offered. I was instantly hooked-this was way better than running on a treadmill!!! About a week later, I tried Cardiokick. And then Step. And then Kettlebells. By February I had a "schedule"...no longer did I have the mind set of "you need to go to the Y 2 times a week", I was going to the Y almost every day and could not wait for the next group fitness class.

Ever since, the Y has become more and more apart of my life.

When making the decision to move to Grand Rapids, the connection our family had to the Y was a big factor. The YMCA offering a program like Kid Zone is solely what makes it possible for our family to have a Y membership AND actually utilize it. I remember the first day I left my young kids in Kid Zone; I was a mess!! I couldn't even focus on exercising and maybe lasted a 1/2 hour before I caved and went to pick them up. Shannon told me "It gets better, I promise". And she was right. My kids absolutely love Shannon and Lei Lei and are excited to come every day. Even though I can be quite protective of my kids, I have every ounce of trust in Shannon and Lei Lei-they truly are THE BEST. We had our third child in 2019, and again, the Kid Zone crew blew me away with how comfortable I felt leaving my newborn while I got a workout in, along with some time for me. I feel so fortunate that we have a program like this in our small community.

The YMCA gives our family the best of all worlds. I am able to do my group fitness classes & benefit physically and mentally, while my kids use Kid Zone & benefit socially. I feel like the Y staff genuinely care about us. They greet you by name, help with any issue you have and always answer any question. I am SO thankful for all the ways our family benefits from the YMCA.

~ Aubrey DeYoung, YMCA Member, Group Fitness and Kid Zone Fanatic



Soaring through Social Responsibility

Months after I moved to Grand Rapids in 2017, a friend and member invited me to come to the walking track at the Y with her after work. I was not much into fitness, but I knew I had enjoyed Zumba classes and would like to be more active, so I agreed to go. Slowly, I looked into more classes and saw many that I would like to try, but the financial side stopped me for a little while. Eventually, other friends let me know about the scholarship (income-based membership) program, which I applied for and received, and I've been a Y member ever since! My love for fitness and different forms of movement grew, and I have always loved the variety of classes and great atmosphere the Y provides.

After I was a member, I responded to a survey that was sent out, and shortly after I was contacted by Nick Hansen (CEO) to hear more about my opinion. I appreciated the personal contact and connection formed, and this connection eventually led to my being chosen to be a part of the board of directors. I had been looking for a way to get more involved in our community, and this was the perfect answer to that. I have learned so much about Grand Rapids and met so many new people that I otherwise wouldn't have.

My involvement in the board also led to my involvement in the annual campaign. Teaching others about the Y's cause has taught me so much, and made me even happier to offer my support. At first, coming to the Y was about bringing fitness into my lifestyle and having something fun to do. It didn't take long for me to see just how integrated this organization is in our community, and the true impact it has. I am proud to be a member and support our mission, and I thank everyone who has come alongside the Y to offer their support.

I was able to get my Y journey started thanks to the campaign and income-based membership program, and I know that there are many families out there that also benefit greatly from their memberships. I am so glad to be able to give back in whatever way I can!

Rachelle Miller, YMCA Member, Board of Directors Member, Annual Campaign Chair



Contact our membership desk for more information on our income-based memberships and volunteering opportunities.

Chairman's Roundtable

Annual Campaign Gifts of \$1,000 or more

American Bank of the North
Dennis & Betty Anderson
Jerry & Cathie (Saxhaug) Anderson
Phil & Pat Anderson
Arrowhead Promotion & Fulfillment
The Breakfast Club
Paul Dean Carlson
Jim & Katie Christmas
City Limits Storage Center
Bill & Bev Dallas
Tim & Patty Flood Family
Bob & Evie Fredrickson Memorial
Gaalaas Orthodontics
Grand Rapids State Bank

Great River Energy
Nick & Alli Hansen
Ken & Frances Haubrich
Mark Hawkinson & Carol Anderson
Bob & Patty Holycross
Jim & Kathy Hoolihan
Mary & Mike Ives Family
Phil & Carole Janicke
Dan & Rebecca Kuntz
Brent Lane & Sara Swanson Family
Lake Country Power/Operation Round Up
Betsy McBride
Kevin & Cindy McNichols Family

Sonja Merrild
Minuteman Press
Miskovich Dental Clinic
Mike & Elizabeth Miskovich
Pat & Joni Namyst
North Homes Family & Children Services
Northern Lakes Dental
Paul & Toni Palecek
Paul Bunyan Communications
Running the Rapids Half Marathon
Sea Turtles Swim Team
Ben & Kari Weerts Family
YMCA Clinic Physicians
Edward & Mary Pat Zabinski

Our 2019 Supporters

Kirk & Roni Adams
Tom & Kathy Adams
Michael & Elasa Adler
Marilyn Akre
Joe & Kathie Allen
Andrew Almendinger
Jody Anderson
Keith & Janet Anderson
Marcia Anderson
Troy & Liza Anderson
Roger Anderson
Anonymous
Elizabeth Arendt
Donna Arsenault
Guy Aufderheide
Austin Baldinger
Mimi Barzen
David Beach
Lauren Beckfeld
Wayne & Sue Beer
Paige Blackburn
Rick & Kathleen Blake
April Blankenship
James & Lynne Bliss
Barry Blitvich
Jason & Connie Bluntach
Sheldon & Kris Bolin
Kate Bounds
Wayne & Rosemary Brenden
David Broberg &
Jacquelyn Tofte
Len & Phyllis Brown
Sarah Brown
Toni Burbie
Buzz & Susan Burgess
Gary Burkholder
Nene Callahan
Aaron & Chelsey Carlson

Brad Carlson
Jack & Brenda Carlson
Jeremy & Amber Carlson
Karen Carlson
Larry & Jean Marie Carlson
Charles Caron
Erin Casey
Tony & Pamey Casio
Helen Casper
Mark & Jane Chamberlain
Colleen Chapin
Tom & Sandy Chapin
Ryan Childs
Wade & Layne Chiodo
Diane Chupurdia
Robert & Angie Clifton
Guy & Heidi Clairmont
Jerry & Jayne Clark
Rod & Shirley Cleveland
Melissa Coleman
Computer Enterprises
John & Laura Connelly
Greg & Diana Cornell
James & Lindsay Crummey
Gary & Sally Cummings
Kellie Curry
Amy Dagle
Devin & Janet Dahline
Sally Daigle
Susan Daniels & Sally Michel
Jeffrey Daubman
Sue Dekich
Paul & Judy Dick
Tom & Judy Dimich
David Docken
John & Judy Doell
Shantel Dow
Andrew & Stephanie Downing

George Dubovich
Randy & Kay Dugas
Edward Duke
Josiah and Kjerstin Durie
Eck Designs, Inc.
Gary & Wendy Edwards
Martha Ellison
Kristi Erdman
Kyle & Amy Erickson
Randy & Deb Erickson
Ken & Jennifer Ericson
Katie Erola
Adam & Kayla Evans
Sam & Lenora Evans
Brenda Fairchild
Kris Ferraro
Steve & Lynn Feyma
Bryan & Shannon Fideldy
Jim & Louise Koglin Fideldy
Fireplace Lifestyles, Inc.
First National Agency
First National Bank of Coleraine
Michael Fitzsimons
Dana & Susan Flinck
Andrew Fox
Ariann Fox
Nick & Deeetra Fragale
Anna Francisco
Jeff & Deb Frazier
JoAnn Frick
Kevin & Terri Friesen
Chris & Johnnie Fulton
Karl & Kristina Gaalaas
Jackie Gallagher
Jackie Gallop
Harry & Jean Gardner
Dave & Judy Garshelis
Kathy Gebhart

Mary Jo Gibbons
Jim & Linda Gibeau
Allen & Karen Gilbertson
Holly Gmahl
Staci Godfrey
Harold & Diane Goetzman
Jenae Goligoski
Larry Goodrie
Donald & Phyllis Gornowich
Nastacya Graham
Grand Dental Center
Grand Rapids Dental Care
Grand Rapids Loan Company
Grand Rapids Veterinary Clinic
Marcia Greig
Charlotte Grell
Hannah Greniger
Payson Greniger
Simon Gretton
Duane & Kathy Grundhoefer
Michael Guertin
Margie Haanpaa
Deb Hagenbuck
Dave & Sally Hagman
Scott & Frieda Hall
Tom Hanna
Mary Hanson
Victor Hanttula
Doug Hardt
John & Gina Hawkinson
Susan Hawkinson
Leonard Hedman & Carol Rasmussen
Donna Heinemi
Janice Hince
Jim & Kathy Hohenstein
Rena Holm
Shane & Sue Holm

Heidi Holtan
Larry & Carrie Hopkins
Jean Hoshal
David & Marilynn Hrouda
Harry & Trudy Huffer
Kelly Huffman
Allen Huju
Larke Huntley & Lana Bjorgum
Gretchen Hyink
Jessica Ihle
Phil Imholte & Tara Makinen
Cory Jackson & Anne Tofte
Julianne Jacobsen
Dennis Jamtgaard
Conley & Patty Janssen
Tony & Melinda Jasper
Duane & Fran Jedlenski
Betsy Johnson
Cavour & Bobbi Johnson
Jason & Jenni Jason
Jean Johnson
Kurt Johnson
Scott & Julie Johnson
Roy & Beth Joki
Debbie Junker
Alan & Marianne Jylha
Julia Kaasa
Lester & Dianna Kachinske
Jeff Kaiser
Charles Kampen & Pam Rajala
Karen Karls
David Kellin Financial Services
Macey Kellin
Mitchel Kellin
Loretta Kemp
Kiwanis Club of Grand Rapids
Jerry Kleven
Andrew & Anna Klous
Kent & Shelly Koerbitz
Steve Kohorst
Maddy Kole
Dave & Kathy Kooda
Scott Korpi
L & M Fleet Supply
Ron & Deborah L'Amie
Phil Lane
Becky LaPlant
Kerry Larsen
Sara Larsen
Lisa Lassen
Shawn & Jill Laughlin
Wayne Leeds &
Laurie Antonson
Bethany Lemke
Mike & Martha Lentz
Amanda Leppanen
Gage Lillis
John & Jolynn Linder
Karen Linn-King
Bob & Mary Litchke
Casey & Charlené Litchke
Nate & Anna Lloyd
Steve & Willow Loney
Ryan Loudon
Alan & Brittni Lundquist
Larry & Lois Lussier
Kent & Judy MacAlpine
Jean MacDonell
Loretto MacDonell
Shawna Mackley

Judy Mager
Joseph Maijala
Marlo & Margaret Maki
Corrin Mann
Su Martinetto
Janice Mattfeld
John & Tammy Mattonen
Beth Mattson
Susan Mattson
Jon & Noreen Maturi
Tom & Leanna McBride
Verl McCarty
Peter & Charlotte McDermott
Jennifer McFadden
Mike McGinnis & Ann Clark
Gary McIlwain &
Ginger Christensen
Craig Menozzi
Loie Meyer
Sally Ann Michel & Susan
Daniels
Rachelle Miller
Russell Miller
Minnesota Power Foundation
Norm & Brenda Miranda
Hannah Mitchell
Hannah Mittet
Darian Moede
Victor & Audrey Moen
Dwight & Merry Moody
Bob & Kay Moore
Jim & Betty Moore
Jim Moran
Timothy Moratka
Andy & Jacy Morgan
Carol Morrill
Frank & Shirley Mustar
Jim & Colleen Nardone
Dan & Holly Neary
Kristin Nelson
Randall & Roberta Nelson
Tom & Autumn Nelson
Samantha Nikkel
Rick & Marie Nosan
Richard & Diana Nustad
Marvin & Diane Nygaard
Maurice & Marianne Nyhous
Larry & Marykay O'Brien
Gary Oja
Kiah Oothoudt
David Owens & Jennifer Behm
Lonnie Palkki
Crystal Paulley
Alexus Pellersels
Craig & Brenda
Perreault
Rick & Carol Per-
rott
Chloe Petersen
Samantha Pe-
tersen
Trisha Peterson
Jeanine Phillips
Braden Pohl
Pokegama Lake
Store
Pat & Sandy Pol-
lard
Barb Popkin
Kurt & Kathleen
Possai

Keith & Scotty Puglisi
Paul & Jane Quitney
Gene & Pat Radecki
Roger & Nancy Ralston
Martha Reese
Heather Reitter
Sergio & Thea Rendon
Casey & Georgette Renslow
Anne Richardson
Joan Richardson
Jade Richtsmeier
Donald & Barbara Ricker
Laura Ringold
Bruce Robinson
James Robinson
Stanley & Robyn Roeber
Kevin & Elizabeth Rohling
Dick & Sue Rohloff
Amanda Root
Alice Rosa
Dale & Peggy Rosier
Bob & Paula Ross
Stan & Nancy Roth
Mike & Mary Rothstein
Byron & Luann Rowell
Stephanie Rowell
Denny & Wendy Roy
Wendell & Diann Rude
Mark & Lisa Runge
James Ruud
Corey & Danica Salisbury
Len & Faye Salmela
Ann Saxhaug
Tom & Nancy Saxhaug
Cindy Schiller
Don & Laurie Schleicher
Richard & Kathy Schneider
William & Mary Schnell
Susan Schreifels
Rob & Cheryl Schrom
Elizabeth Schultz
Michael & Kathy Selmser
Bryan & Danielle Sergot
Jessica Sgarlata
Bob & Carole Shankland
Charlie & Judy Sherman
Mary Sigfrinius
Patricia Silvius
Robert Sipe
Darin & Amanda Skaudis
Josh & Maggie Skelton
Royal & Carolyn Slack
Danielle Smestad
Brad & Michele Smith
Kirk & Shirley Snell
Terry & Shelley Snyder
Molly Sobotzak
Loren & Joan Solberg
Solid Foundations
John Soll
Dan & Linnea Soular
Ken & Pam Spangler
Asa & Suzanne Spicer
Joe & Carol Spooner
Ashley St. Germain
Bri Stacklie
Patricia Stedman
Lorraine Stokes
Maria Stokes Cerkenik
Sondra Struble

George & Brenda Stunyo
Jennifer Svatos
Alicia Swanson
Tabby Swanson
Corey & Lisa Tabbert
Lynda Tarbuck
Jane Thames
Tim & Nancy Thomas
Ernest Tillman
Town of Arbo
Tia Tracy
Molly Tulek
Ron & Angie Ulseth
Ron & Katie Ulseth
Ron & Wanda Ulseth
Rachel VanDrunen
Sally Velzen
Brian & Debbie Vergin
Mary Vergin
Dan & Rose Villeneuve
Connie Vincent
Sheri Virden
Tom Viren & Christa Berg
Elmer Voigt
Maisy Waech
Eric Wakeman & Kathy Lee
Hannah Walker
David & Dee Warren
Jim & Betty Wass
Kirsten Webb
Sadie Weber
Shannon Wellcome
Scott & Linette Welshinger
Gary & Jill Wheelock
Carol Wherley
Judith Whitney
Deanna Wick
Robert & Ginny Wickman
Roger & Ann Will
Jim & Vickie Willford
Thomas Williams
Lucas Winkler
WIPFLi
Woodland Bank
Steve & Julie Wright
Mark & Kim Young
Emilie Zasada
Barbara Zimmer
Mark & Alex Zimmerman
Roberta Zimmerman
Ronald & Nancy Zwonitzer

Gifts in Memory of:

Gary Akre
Marie Braun
Stuart Cleveland
Ryan Erickson
Bob & Evie Fredrickson
Bob Frick
Wayne Hoshal
Lisa Kellin
Bill McBride
Mary Jo McCarty
Stanley Ringold
Erma Jean Stamson
Lynn Voigt
Gary Zimmerman

Soaring through

A Strong Community



6853

Hours of
volunteer service



90

Children received loving
care and kindergarten
preparation in WeeFolks



\$81,920

Financial Assistance
provided



160

Children energized
through healthy activities
in Camp Wannago



488

Children empowered
through youth sports



42,204

Participants attended
our studio fitness
classes (duplicated)



241

Children received help
and care afterschool



757

Children taught
water safety through
swim lessons



42,603

Community members brought
together by social activity in
the Active Living Center

2019 FINANCIALS

2019 Revenue:

Contributions	\$ 36,824
United Way	\$ 22,726
Grants	\$ 148,425
Fundraising Events	\$ 113,566
Total Public Support	\$ 321,541

Membership Dues & Guest Passes	\$1,294,842
Childcare	\$ 729,185
Classes & Programs	\$ 135,226
Rentals & Sales	\$ 92,797
USDA Reimbursement (food program)	\$ 37,193
Other	\$ 9,631
Total Earned Revenues	\$2,298,874

Total Income \$2,620,415

2019 Expenses:

Wages & Payroll-Related Expenses	\$1,516,037
Building Expense & Utilities	\$ 398,316
Fair Shares (Franchise Fee)	\$ 49,366
All Bldg & Program Equipment/Repair	\$ 27,176
All Program Supplies	\$ 170,714
Promotion/Staff Dev/Other	\$ 60,032
Insurance	\$ 25,612
Office, Telephone, Banking	\$ 39,708
Membership Scholarships	\$ 80,839
Childcare & Program Scholarships	\$ 13,443
Specific Grant-Related Expenses	\$ 18,811
Total Expenses	\$2,400,054

2019 Net Surplus \$ 220,361

2019-2020 BOARD OF DIRECTORS

Officers:

President.....Jean MacDonell
VP/Treasurer...Nate Lloyd
VP/Secretary....Jon Maturi

Board Members:

Jennifer Bevis
Layne Chiodo
Melanie DeBay
Hilary Emerson
Angie Erickson
Sam Evans
Bob Holycross
Betsy Johnson

Rachelle Miller
Elizabeth Miskovich
Andy Morgan
Danica Salisbury
Ron Ulseth
Jill Wheelock
Toni Youngdahl

YMCA STAFF

Executive Director

Nick Hansen

Finance Director

Colleen Chapin

Director of Mission Advancement

Joni Namyst

Childcare Director

Kirsten Webb

Member Service Director

Lindsay Crummey

Director of Healthy Living

Kris Bolin

Youth & Family Director

Holly Neary

Aquatics Director

Beth Mattson