

The Active Living Center



400 River Road ♦ Grand Rapids, MN 55744 ♦ 218.327.1161

Active Living Center Advisory Council

Dear Community Member,

Kelly Chandler

Please know how grateful we are to have you take part in our Active Living Center. Since opening in March 2015 our center has been growing and thriving. We continue to hold daily programs and groups to give community members a place to socialize, learn, and form friendships.

John Feeney

Kristi Kane

We currently offer many weekly and monthly programs such as cards, pot luck, lunch n learn, book club, support groups, health screenings, bingo, bible study, and billiards. We also offer free cookies and coffee during the day. Our current average daily number of attendees is 168 people.

Jamie Mjolsness

Betsy McBride

The Active Living Center is a true collaborative space free and open to the community. You don't have to be a member to come to our programs, join a group, or stop on by for coffee and conversations.

Amanda Okech

Tom Pagel

This fall, you have a great opportunity to become "A Friend of the Active Living Center". Your yearly donation of \$30.00 or more includes a monthly newsletter that includes updates on the ALC, recipes, health topics, and a schedule of monthly events, programs, and helps maintain this fantastic community space. Being a Friend of the Active Living Center also allows you a discount on day trips.

John Soll

Please help The Active Living Center continue to thrive.

Kim Young

Sincerely,

Ed Zabinski

Jamie Mjolsness
Active Living Center Coordinator

Become a Friend of the Active Living Center Today!

NAME: _____ DATE: _____

MAILING ADDRESS _____

CITY: _____ STATE: _____ ZIPCODE: _____

BIRTHDAY: _____ PHONE: _____ EMAIL: _____

___\$30.00

___\$50.00

___\$100.00

Make Checks Payable to the YMCA
Thank you for your donation today!