

Gym Schedule

Labor Day - Memorial Day

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	Kettlebells						
6:00am	5:35-6:20						
6:30am							
7:00am			OPEN				
7:30am							
8:00am							
8:30am							
9:00am							
9:30am		Tap Class		Tap Class			
10:00am		Weefolks 10:00-Noon		Weefolks 10:00-Noon			
10:30am	Weefolks	Parent Tot Playtime	Weefolks	Parent Tot Playtime	Weefolks		
11:00am	1/2 Gym	10:30-11:15 1/2 Gym	1/2 Gym	10:30-11:15 1/2 Gym	1/2 Gym		
11:30am							
NOON	Adult Noon Basketball						
12:30pm						OPEN	
1:00pm							OPEN
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm			Open				
4:30pm							
5:00pm							Family Time
5:30pm							
6:00pm							
6:30pm							
7:00pm		1/2 Gym Karate 6:30-8:30		1/2 Gym Karate 6:30- 8:30			
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							
9:45pm Gym Closed							